



SVS Projects

2026 - 2027

St Andrews Voluntary Service (SVS) is a network of the Union that focuses on finding projects in our community for student and staff volunteering.

Sign up to ALL projects via **My Saint > My Graduate Attributes**

For **more information**, please check our social media - [St Andrews Voluntary Service](#) | [Instagram](#) | [Facebook](#) | [Linktree](#).

Youth

- Active Schools Fife
- Families First
- Cosmos Centre After School Club
- Scouts Scotland
- Fife Young Carers
- Code Club Dundee
- Central Library
- Girlguiding

Community

- Ents Crew
- Crossroads Fife
- Lead Scotland
- SupportED
- Byre Theatre
- Transition
- NE Fife Community Hub

Animals + Environment

- St Andrews Botanic Garden
- St Andrews Environmental Network (StAndEn)
- Green Shores Saltmarsh Restoration Project
- Rock Pool Project
- Guide Dogs for the Blind
- Cambo Estate
- Craigtoun Country Park
- Fife Tree Wardens

Those with Additional Needs

- Options in Life
- The Yard

Elderly

- Memory Makers
- Cambo Gardens: Health Walks
- St Andrews House Care Home

Graduate Attributes are included for each project to help you **identify transferable skills** and help with **logging your volunteering hours** on the Graduate Attribute portal.



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Animals + Environment

If you have any questions regarding these projects please reach out to Bao at svsenviro@st-andrews.ac.uk

St Andrews Botanic Garden

Who they are

St Andrews Botanic Garden is a charity **dedicated to plant conservation, ecological resilience and botanical research using a living-laboratory, habitat-led approach**. The garden **aims to improve the scientific understanding of plant function, evolution and responses to environmental and climatic changes**. Set in 18 acres in the heart of St Andrews, the Botanic Garden offers a new perspective on a historic town.

Volunteer's role

Garden volunteers **help care for the Botanic Garden's living collections, habitats and landscapes**. Typical tasks include general garden maintenance, helping with seasonal gardening tasks, assisting on garden project construction and development. **Nursery** volunteers **support the propagation and cultivation of plants** within the Garden's nursery facilities. Typical tasks may include: sowing seeds and propagating plants from cuttings or division, potting on, division and caring for young plants, weeding of stock beds and young plants, labelling, organising, and maintaining nursery stock; general nursery maintenance. **Education** volunteers **help out with the Little Oaks and Growing Together sessions for children**. Typical tasks may include: welcoming families to the session; assisting with session set-up, pack-down, preparing activities and resources; assisting activity leaders during the session.

Logistics

- Ideally a minimum of two sessions a month
- Education: Tuesdays / Garden: Wednesdays / Nursery: Thursdays for 2 hours in the morning. Volunteers required to book a session ahead of time
- 10min walk from St Andrews Bus Station/bike racks and car park on Canongate

Graduate Attributes: Research Skills and Problem Solving, Interpersonal Skills, Recognition of Opportunities, Effective Team Contribution, Social Responsibility



Animals + Environment

If you have any questions regarding these projects please reach out to Bao at svsenviro@st-andrews.ac.uk

St Andrews Environmental Network (StAndEN)

Who they are

St Andrews Environment Network is a charity **aiming to reduce CO2 emissions and promote sustainable living within the community**. Their two main projects are a **community garden** and the **EcoHub**. The community garden was previously a neglected space that has been transformed into a community event space, a fully accessible garden, and rewilding area. In following years, StAndEN **aims to begin generating their own compost, installing raised beds - ensuring that there are areas which are accessible for people of all abilities - and creating areas to encourage wildlife and pollinators**. The Eco Hub has a zero-waste and refill shop, art exhibitions, a StAnd ReUse drop-off point, and people to go to for advice concerning sustainability and the environment.

Volunteer's role

In the **community garden**, **volunteers can come along and help with whatever tasks need to be done that day - including watering, sowing, weeding, harvesting, and other handy tasks**. At the **Eco Hub**, volunteers take on an **office-based role**. There are many different options for what exactly you want to get involved with: **help serve customers at the Refill Shop, create social media content, or help the team run the Reuse project**.

Logistics

- Community Garden: every Thursday 1-2:30pm, come for any amount of time
- EcoHub: any time that is convenient. 4 hours/week suggested but flexible.
- 7min walk from St Andrews Bus Station / 3min cycle / 2min drive

Graduate Attributes: Environmental Sustainability, Effective Team Contribution, Confidence and Adaptability, Interpersonal Skills, Diversity Awareness



Animals + Environment

If you have any questions regarding these projects please reach out to Bao at svsenviro@st-andrews.ac.uk

Green Shores Saltmarsh Restoration Project

Who they are

The Green Shores project is **Scotland's longest-running coastal habitat restoration project**, with over 25 years of saltmarsh restoration and research. The project **plants propagates, carries out research and monitoring work, and installs storm fencing to protect newly established marshes in the early stages**. In the 2025 planting season, volunteers helped plant 4,000 polytunnel-grown saltmarsh plants used to help restore salt marshes along the Tay and Eden Estuaries and in Dornoch Firth. Run by Dr. Helena Simmons, the hub of the project is in a polytunnel on the Eden Course adjacent to the Eden Estuary.

Volunteer's role

The Green Shores project is happy to accept volunteers enthusiastic about coastal conservation and ecology, or anyone willing to lend a hand! Volunteers have a **wide range of roles, from planting in the salt marsh to polytunnel maintenance to propagating plants!**

Logistics

- No minimum time commitment
- Every Wednesday in the polytunnel + occasional planting days in Eden Estuary
- Project hub on the Eden Course: 99 bus to Strathtyrum Golf Course + walk ~15min / 6 min cycle / 25 min walk / 5 min drive
- Volunteers can be added to a mailing list for further communication
- Briefing and tour during first volunteer session

Graduate Attributes: Environmental Sustainability, Effective Team Contribution, Networking, Oral Communication, Technical and Specialist Academic Skills and Disciplinary Knowledge



Animals + Environment

If you have any questions regarding these projects please reach out to Bao at svsenviro@st-andrews.ac.uk

Rock Pool Project East Sands Hub

Who they are

The Rock Pool Project is a not-for-profit community interest company founded in Cornwall in 2018, passionate about **connecting people of all ages and backgrounds to the incredible wildlife found around our coastline**. The Big Rock Pool Challenge hosts **free monthly BioBlitz Battles to engage people of all ages through a fun and friendly competitive way to explore rock pools and document marine life**. The data collected will aid wildlife management and conservation efforts locally and globally.

Volunteer's role

Lead volunteers from each hub around the country run free community BioBlitz battle events once a month. Volunteers **help setup the event, register and debrief participants, support the 90-minute BioBlitz Battle and ID station, pack down equipment and verify observations on iNaturalist after the event**. It is a great opportunity for students from all backgrounds (you don't need to be an expert marine biologist!). It gives you experience running events, working with children and the community, as well as great biology experience.

Logistics

- Supporting volunteers can attend according to availability; events are around 3 hours on one Saturday per month
- Lead Volunteers commit to attending at least 8 events throughout the year
- 22 mins walk from St Andrews Bus Station to East Sands / 10 mins bus
- All volunteers must be 18 or above

Graduate Attributes: Communication, Effective Team Contribution, Leadership, Organisation Skills, Interpersonal Skills, Problem Solving, Social Responsibility



Animals + Environment

If you have any questions regarding these projects please reach out to Bao at svsenviro@st-andrews.ac.uk

Guide Dogs for the Blind St Andrews

Who they are

Guide Dogs is a charity that works to **support people of all ages living with vision impairment**. The charity is funded almost only on donations and is the **only UK charity to breed and train guide dogs**. They also employ specialists to help children overcome difficulties faced by loss of sight as well as carry out research to better understand the needs of those they support and improve the care of their dogs. Guide dogs offers in-person services as well as online and telephonic services to provide support to anyone who needs it.

Volunteer's role

Volunteers will **help out Guide Dogs St Andrews carry out fundraising events** throughout the year. These can be anything from coffee mornings, store collections and events held annually like St Andrews Harbour Gala, Highland Games, Big Hoolie etc. They also **take pups in training to University Halls, the Union and other locations throughout town to raise awareness for the charity**. Having more volunteers would allow the organisation to take additional pups. As Guide Dogs, they are very well trained so as long as the student is happy with dogs, it is a very enjoyable hour or so.

Logistics

- No specific time commitment required
- Volunteering is whenever the organisation is having an event
- Events are often in St Andrews so easily accessible
- Online application and training + induction talk at first session

Graduate Attributes: Diversity Awareness, Effective Team Contribution, Interpersonal Skills, Oral Communication, Confidence and Adaptability



Animals + Environment

If you have any questions regarding these projects please reach out to Bao at svsenviro@st-andrews.ac.uk

Cambo Estate

Who they are

Cambo Heritage Trust was established to **promote horticulture, education, arts and heritage** at Cambo Estate. On site, they have gardens, woodlands, a vegetarian café and a visitors centre. The goal of the organisation is to **promote sustainable living and the conservation of native flora**. They welcome visitors and often have events such as creative workshops, markets, guided walks, practical workshops, etc.

Volunteer's role

Volunteers can **work in the gardens, the gift shop or help with community projects**. In the gardens, there is ground prep and sowing, weeding, harvesting, composting, pruning and picking. In the gift shop, volunteers will display the merchandise, run the shop, greet customers and be a historical guide. For community projects, volunteers can help with publicity, project management, community engagement and social media. **Technical project:** Cambo Gardens' digital tool operates in isolation and their website is no longer an effective entry point for visitors. A group of volunteers is needed to connect all of their independent services together, looking at their technical report to fix the current issues. This can be worked on anytime and is **remote**.

Logistics

- Volunteer sessions on Monday afternoons, Tuesday mornings and Friday afternoons
- No minimum time commitment
- Travel: 95 bus from St Andrews Station to Cambo, Lodge ~ 30min / 20 min drive
- No experience required, registration form to fill out

Graduate Attributes: Environmental Sustainability, Effective Team Contribution, Oral Communication, Ethical Awareness, Creativity, Confidence and Adaptability, Commercial and Business Awareness



Animals + Environment

If you have any questions regarding these projects please reach out to Bao at svsenviro@st-andrews.ac.uk

Craigtoun Country Park

Who they are

Craigtoun Country Park is a park located just outside the centre of St Andrews and is open all year round with free entry and parking, spanning 47 acres. They have children's rides, playgrounds, activities such as mini golf and go-karting as well as a Park Golf Course. The park is a **historical site** and belongs to Fife Council therefore **relying on the local community for its upkeep and maintenance**. There are **different areas of the park containing unique gardens full of beautiful flowers and fauna, all requiring maintenance**.

Volunteer's role

Our main focus as SVS volunteers will be helping with the gardens which provide both educational and recreational purposes for the community. Craigtoun have a wide variety of work that volunteers can get involved with, depending on their time commitments and interests. These include **building and painting fences, gardening, landscaping and other general maintenance**. There are also opportunities in **administrative work, photography, videography and social media** to support the park's events, marketing and website.

Logistics

- No minimum time commitment
- Travel: 64 bus from Alexandra Place to Craigtoun Country Park + walk ~ 35min / 20 min cycle / 1 hour walk / 10 minute drive
- No experience required, volunteers will be given an induction on their first day

Graduate Attributes: Environmental Sustainability, Effective Team Contribution, Oral Communication, Confidence and Adaptability



Animals + Environment

If you have any questions regarding these projects please reach out to Bao at svsenviro@st-andrews.ac.uk

Fife Tree Wardens

Who they are

The Fife Tree Wardens is a scheme funded by the Fife Council and the Community Woodlands Association and is supported by Fife Coast and Countryside Trust and Climate Action Fife. The project **aims to increase the tree cover in Fife**, with the ultimate goal of having six trees for each person living in Fife. Their goals are to **sustainably plant more trees while inspiring other people to care for and protect the trees in their communities**. Trees have many benefits, one of the key benefits being their positive impact in the fight against climate change, which is why they need to be protected. So if this is something you'd like to get involved in, they'd love to have you onboard!

Volunteer's role

As a tree warden, you will be able to **plant, care for and safeguard the trees** in our community. Other roles include **managing local woods and removing invasive species, surveying the trees in your area, leading guided tree walks and collecting seeds from local trees for future tree planting**. Depending on your interests, you will be offered various training through the Fife Tree Warden Scheme.

Logistics

- Time commitment of 1-2 hours a month
- Travel: depending on event
- Passion for trees/outdoors, willing to contribute to projects
- Volunteers will be required to watch an induction video and then complete an application form provided by the Fife Countryside Trust

Graduate Attributes: Environmental Sustainability, Effective Team Contribution, Confidence and Adaptability, Oral Communication



Community

If you have any questions regarding these projects please reach out to Elahe at svscommunity@st-andrews.ac.uk

Entertainment St Andrews (ENTS Crew)

Who they are

Ents Crew is a student-run **training and volunteering group covering all things events tech** - from lighting and sound to video projection. Through weekly training sessions and events volunteering, **Ents helps students build confidence in club and theatre tech**, ready for events on campus and beyond!

Volunteer's role

You don't need to know anything in advance. You might never have even changed a lightbulb, but we'll show you what to do. We don't expect you to pick up everything in a few hours, but at the same time, we won't make you wait long before you get to do something interesting. We have **regular training sessions in lighting, sound engineering and projection**. Training happens every week and starts with a quick briefing to outline the session and let people sign up for the week's events. Then it's **hands-on training with demos and practical experience**. Afterwards, feel free to stick around for a chat or **help set up for the night** - totally up to you! No experience needed (our teams come from all degrees and backgrounds) - just turn up and have a go.

Logistics

- Training is every Wednesday at 5pm in the Committee Room - no need to come every week and you can leave at any time

Graduate Attributes: Creativity, Research Skills and Problem Solving, Digital Literacy, Effective Team Contribution



Community

If you have any questions regarding these projects please reach out to Elahe at svscommunity@st-andrews.ac.uk

Crossroads Fife Befriending

Who they are

Crossroads Fife is funded by the Fife Health and Social Care Partnership to **support adults who are socially isolated and lonely**. Befriending aims to **relieve the negative effects of social isolation and loneliness as well as improve a person's confidence and well-being**. Befriending is simply a social activity which can be provided on a one to one or group basis: phone call, home visit, trip to the local café or leisure activity.

Volunteer's role

Main tasks and responsibilities:

- Provide regular befriending with individual/s on agreed day/time/location
- Provide **meaningful social interaction and connection with individual/s**
- Respect an individual's privacy, human rights and well-being
- Ensure a **safe and comfortable environment**
- Abide by the core principles: dignity and respect, compassion and inclusion
- Ensure appropriate boundaries are maintained at all times

The Volunteer Befriender **provides meaningful social interaction and companionship** only. We do not support any domestic/personal care tasks, nor support complex or cognitive care needs – this is normally the responsibility of the person's carer, family and other professional services.

Logistics

- Flexible: 2-4 hours per week/fortnight/month
- Travel: local community, local mileage at 45p per mile

Graduate Attributes: Confidence and Adaptability, Recognition of Opportunities, Networking, Oral Communication, Resilience



Community

If you have any questions regarding these projects please reach out to Elahe at svscommunity@st-andrews.ac.uk

Lead Scotland

Who they are

Lead Scotland is a national charity **supporting disabled people and carers by providing personalised learning, befriending, advice and information services.**

Volunteer's role

Volunteers will befriend signed up individuals in Fife. Supported by a Befriending Coordinator, befrienders will support befriendees to reduce their sense of social isolation by increasing their connection to their community through:

- Maintaining regular social interactions and building relationships
- Working together to achieve individual befriendee's outcomes and goals
- Supporting befrienders in accessing community-based activities that can be sustained after the befriending relationship ends
- Where possible, accompany befriendees to access group activities alongside other befriendees and befrienders

Logistics

- Befriending meet-ups will take place over 2-3 hours every week or second week
- Usually occurs during evenings and weekends in the young carers service and is more varied within adult befriending

Graduate Attributes: Confidence and Adaptability, Creativity, Oral Communication, Written Communication, Organisation Skills, Self-awareness and Reflection, Social Responsibility



Community

If you have any questions regarding these projects please reach out to Elahe at svscommunity@st-andrews.ac.uk

SupportED

Who they are

SupportED Scotland work in communities across Scotland to **support people with an eating disorder, their families and carers.**

Volunteer's role

Volunteers can become **befrienders** and will:

- Have weekly, one hour phone calls/ video calls/meet ups with a befriender
- **Offer peer support and a listening ear**

Volunteers can also become **Volunteer Peer Group Facilitators** responsible for:

- **Creating a safe space** to enable group members to share their story
- **Encouraging discussion between group members**

Logistics

- Volunteers will be expected to maintain weekly contact with befrienderes for a maximum of 6 months or attend weekly 1.5 hour long meeting
- Extensive training given
- Depending on the role, SupportED would ask that volunteers have significant experience of eating disorders (whether personally, professionally or academically). They also ask that if a potential volunteer had lived experience of an eating disorder, they would have been recovered for at least two years.

Graduate Attributes: Confidence and Adaptability, Creativity, Oral Communication, Written Communication, Organisation Skills, Self-awareness and Reflection, Social Responsibility, Resilience



Community

If you have any questions regarding these projects please reach out to Elahe at svscommunity@st-andrews.ac.uk

Byre Theatre

Who they are

The Byre Theatre is the **local theatre of St Andrews, putting on a variety of shows ranging from student productions to professional shows.**

Volunteer's role

As a **Front of House volunteer** you will be responsible for:

- **Greeting customers** arriving at the Byre Theatre, projecting a friendly, welcoming and knowledgeable image.
- Checking patrons' tickets and **direct customers** to their seats.
- **Assisting the FOH staff** in dealing effectively with latecomers and audience related queries or problems.
- **Monitoring the audience** during performances and routinely report any problems or concerns.
- Promoting and complying with Byre Theatre Health and Safety policies, procedures and guidelines.

Logistics

- Shifts vary in length depending on the length of the performance but are typically 3.5 hours
- You will be assigned 4-5 shifts/month. Shifts are published monthly so you will have plenty of advanced notice.
- Full site induction, including emergency procedures, and in-depth role-specific training
- 10 minutes walk from St Andrews Bus Station

Graduate Attributes: Interpersonal Skills, Confidence and Adaptability, Research Skills and Problem-Solving, Organisation Skills, Oral Communication, Resilience, Self-awareness



Community

If you have any questions regarding these projects please reach out to Elahe at svscommunity@st-andrews.ac.uk

Transition

Who they are

Transition is a **movement of communities coming together to reimagine and rebuild our world**. Transition is made up of people all across the University and local community. Coming together, we are **taking practical action on the climate crisis, building community resilience, and cultivating a shared vision of a fairer, low carbon future**.

Volunteer's role

This will depend on the volunteers' interests and skillset. Examples are: **sorting and organising donations for St AndReuse, supporting or running small skillshares** (workshops) to share specific skills (e.g. crochet, sewing, cooking, upcycling), **contributing to the Transition Steering Committee, creating content for social media and our website** (e.g. reels, images, blog posts), **helping organise large-scale events focused on repair, reuse and skillshare**). A list of projects can be found on the [Get Involved](#) page of the Transition website.

Logistics

- Expectation of 1-2 times/week commitment
- Based in St Andrews

Graduate Attributes: Interpersonal Skills, Confidence and Adaptability, Research Skills and Problem-Solving, Organisation Skills, Oral Communication, Effective Team Contribution, Networking



Community

If you have any questions regarding these projects please reach out to Elahe at svscommunity@st-andrews.ac.uk

North East Fife Community Hub

Who they are

The NE Fife Community Hub is a **sustainable community facility** which hosts a variety of activities designed to **reduce loneliness, enhance mental and physical well-being, and to promote social inclusion.**

Volunteer's role

The Community Hub offers a variety of roles in which volunteers can take part:

- **'Clothesline'** clothes bank: volunteers needed to unpack donations, label items, keep stock rotated and make up orders
- **Wellness Cafe:** volunteers will help to host a variety of activities including playing board games, dominoes, crafting, knitting and other skills such as IT, music, sewing
- **Kitchen and Storehouse Foodbank:** prepare and serve simple food, stack and operate the dishwasher and clean dirty dishes
- The **Cafe volunteers:** taking food and drinks orders, delivering orders, wiping down and clearing tables, keeping the cafe area organised and socialising with customers
- **Garden volunteers:** participating in general tidying, planting, vegetable growing and upkeep
- **Administration volunteers:** will design posters, schedule bookings, create personnel files and keep up to date with notices, filing and copying

Logistics

- No strict volunteer shift hours. Volunteers encouraged to visit the hub as often as possible
- 95 bus from St Andrews Bus Station to Albany Park ~10 min / 20 min walk

Graduate Attributes: Confidence and Adaptability, Recognition of Opportunities, Networking, Oral Communication, Effective Team Contribution



Elderly

If you have any questions regarding these projects please reach out to Mary at svselderly@st-andrews.ac.uk

Memory Makers

Who they are

Memory Makers is a **regular music group for people living with dementia and their carers**. Sessions take place at the Laidlaw Music Centre and centre around carefully chosen songs from across the decades, themed activities, and opportunities to share memories. Music is a powerful way for people living with dementia to connect, express themselves, and interact with others and our sessions create a supportive, uplifting space where participants can engage in ways that feel natural and meaningful to them.

Volunteer's role

Open to helping the Laidlaw Music Centre to run weekly sessions for those with dementia and their carers? Weekly sessions will consist of fun activities that you as a volunteer will help running. Volunteers will need to have patience and be able to deal with the members of the sessions with a caring and understanding approach. Tasks for volunteers would include helping to set the room up, making refreshments, keeping registers, helping participants around the building, chatting and socialising and joining in with the activities.

Logistics

- Sessions run in blocks starting in September, October, and January. Ideally, volunteers should come to every session in the block as not to confuse the participants involved in the program
- Tuesday 2.30-4pm
- Laidlaw Music Centre, 10 minute walk from St Andrews Bus Station

Graduate Attributes: Oral Communication, Social Responsibility, Ethical Awareness, Local and Global Good Citizenship



Elderly

If you have any questions regarding these projects please reach out to Mary at svselderly@st-andrews.ac.uk

Cambo Gardens: Health Walks

Who they are

Cambo Heritage Trust was established to promote horticulture, education, arts and heritage at Cambo Estate. On site, they have gardens, woodlands, a vegetarian café and a visitors centre. The **Monday Health Walk is a gentle walk on one of the many paths of the beautiful Cambo Estate**. The walks are **walking and wheeling friendly** with a range of accessible routes available.

Volunteer's role

Spend Monday morning walking around the beautiful nature of Cambo Estate and make friends with a group of elderly and guests. The walks are a wonderful start to the week and provide both mental and physical benefits for everyone involved. You can expect visits with friendly farm animals, peaceful scenery and good conversation.

Logistics

- 9:30am every Monday
- Walks are typically one hour, followed by coffee
- Volunteers will receive leader training after signing up
- Travel: 95 bus from St Andrews Bus Station to Cambo, Lodge ~ 30min / 20 min drive

Graduate Attributes: Oral Communication, Social Responsibility, Ethical Awareness, Local and Global Good Citizenship, Integrity



Elderly

If you have any questions regarding these projects please reach out to Mary at svselderly@st-andrews.ac.uk

St Andrews House Care Home

Who they are

St Andrews House Care Home offers a **safe, comfortable, and supportive environment** where every resident is treated with dignity, respect, and compassion. St Andrews House Care Home provides a **varied programme of activities** led by dedicated coordinators, offering both group sessions and one-to-one support. Residents can enjoy creative hobbies, gentle exercise, games, and time in the home's activity rooms, which offer a **safe space for expression and social connection**.

Volunteer's role

Make friends, enjoy a cup of tea or coffee, and make a difference to the St Andrew's House Care Home residents. You and other volunteers will join in on the care home's weekly drop-in cafe, working together to bring a little happiness and joy to their lives. **These sessions tend to last an hour and a half and can vary on who you speak to. But no matter who you talk with, you'll be having a meaningful impact on a resident's life.** No specific skills are needed, all that is needed is an open approach, patience, and genuine curiosity about each of the residents' lives.

Logistics

- Every Wednesday 2-3:30pm
- No weekly commitment but volunteers are recommended to try to turn up at least once a month during term time

Graduate Attributes: Oral Communication, Social Responsibility, Ethical Awareness, Local and Global Good Citizenship, Integrity



Those With Additional Needs

If you have any questions regarding these projects please reach out to Neve at svsan@st-andrews.ac.uk

Options in Life

Who they are

Options in Life is a charity based in Cupar which **supports people young adults who have learning disabilities and additional support needs, and their families and carers.** Options in Life was established to provide advocacy and support, to promote education, training, healthy living, independence and life-skills development for individuals and supporters of those who have a learning disability and complex additional needs.

Volunteer's role

As a volunteer with Options in Life, you'll be **part of a lively, hands-on environment supporting young adults with learning disabilities.** Activities are varied and engaging: everything from kayaking, hiking, and gardening to cooking sessions, creative arts and helping out at our pop-up café. Some days, your role might be supporting a participant through a new experience; other days, it could be offering encouragement during a group discussion. They are looking for patient, adaptable volunteers who enjoy active days, being outdoors and making a meaningful contribution.

Logistics

- Requirement of one full day (10am-4pm), at least once a month, ideally across the full academic year to build trust and consistency with participants
- Travel: X60 bus from St Andrews Bus Station to Kirkcaldy + walk ~ 1h10

Graduate Attributes: Oral Communication, Leading Others, Self-Awareness and Reflection, Diversity Awareness, Interpersonal Skills, Confidence and Adaptability



Those With Additional Needs

If you have any questions regarding these projects please reach out to Neve at svsan@st-andrews.ac.uk

The Yard

Who they are

The Yard Dundee is a charity based in Dundee, which is an **adventure play centre supporting inclusive play opportunities for children and young people with additional needs and their families**. At The Yard, children thrive in a playground made just for them! Outdoors, they can ride bikes, play in the mud kitchen or relax in the hammock. Indoors, they can get creative with arts and crafts or explore messy play with sand, foam and water.

Volunteer's role

There are lots of different ways volunteers can get involved at The Yard. **Play volunteers** help setting up and **supporting play activities, such as arts and crafts, riding bikes and sensory play**. **Maintenance volunteers** help to **take care of the property including painting, cleaning and fixing bikes**. **Events volunteers** assist in **setting up events and supporting visitors, staff and fundraisers**. They are looking for enthusiastic volunteers that are happy to help out however they can.

Logistics

- No expected time commitment, volunteers can choose how frequently they would like to help out
- Travel: 99 bus from St Andrews Bus Station to Dundee City Centre Bus station. From there, take the Xplore Dundee 17 bus to Craighill Court, which is around a 10 minute walk to The Yard ~ 1h10

Graduate Attributes: Oral Communication, Leading Others, Self-Awareness and Reflection, Diversity Awareness, Interpersonal Skills, Confidence and Adaptability



Youth

If you have any questions regarding these projects please reach out to Benedita at svsyouth@st-andrews.ac.uk

Active Schools Fife

Who they are

Fife's Active Schools team **work with primary, secondary and additional support needs schools to increase the quality and range of opportunities to participate in sport before school; recruit and develop a network of volunteers and coaches to deliver sport and build capacity; increase the number of young people accessing leadership roles; support and develop pathways to improve the transition from schools to clubs.**

Volunteer's role

Volunteers have the opportunity to volunteer with Fife Active Schools in **any sporting area**. Volunteering usually takes place before school, lunchtimes and after school, apart from occasional events that take place during the day. There is also the **opportunity for pupils to work with hard to reach groups**, developing their delivery skills and providing volunteers with valuable resources. Active Schools Fife will go through all options with each volunteer to find something that suits them to ensure that they have the best volunteer experience.

Logistics

- Before School: 8:30-9am / Lunchtime: 12:30-1:20pm / After School: 3-4pm / Cluster Club (Madras): 4-5pm / Targeted Curriculum work: 9am-3pm
- 4-week, 6-week or termly bloc
- Multiple locations across the area: Madras College, Canongate, Lawhead, Greyfriars, Strathkinness, Guradbridge, Leuchars, Kingsbarns
- 15min bus from St Andrews Bus Station to Canongate, Madras, Greyfriars & Lawhead
- Students will apply for the role and undergo a PVG check, paid for by the council

Graduate Attributes: Social Responsibility, Inter-personal Skills, Resilience, Oral Communication, Creativity



Youth

If you have any questions regarding these projects please reach out to Benedita at svsyouth@st-andrews.ac.uk

Families First

Who they are

Families First **work with children and young people aged 5-16 and their families, with additional support needs**, living throughout North East Fife. They **aim to improve social connections, education outcomes and wellbeing**. FF offers three services: **befriending** (for children aged 5-11 years old), **youth groups** (for young people aged 12-16 years old) and a **family support** service for parents.

Volunteer's role

Befrienders are **matched on a one-to-one basis with a child** who they will spend time with during a befriending session every fortnight. The session is **child-led** and **popular activities include arts and crafts, local places of interest, physical activities, baking**. Volunteers benefit, enjoy and learn from their time with the young people as the children do in return. **Youth group** volunteers participate in a fortnightly group session focused on **group activities to create opportunities for children and young people to work and socialise together in a positive way**.

Logistics

- FF asks that volunteers are able to commit to a **minimum of 2 hours a fortnight for one academic year** as it takes time to build a relationship with the young people
- Befriending: 3:30-5pm Monday to Friday
- Youth Group: 6:30-8pm on Tuesdays and Wednesdays
- Rose Lane Centre: 6min walk from St Andrews Bus Station
- Volunteers will complete an application form and undergo a PVG check (paid for by FF) as well as attending an informal interview and completing FF training

Graduate Attributes: Diversity Awareness, Social Responsibility, Inter-personal Skills, Resilience, Oral Communication, Effective Team Contribution



Youth

If you have any questions regarding these projects please reach out to Benedita at svsyouth@st-andrews.ac.uk

Cosmos Centre After School Club

Who they are

The Cosmos Community Centre After School Club is a **busy, fun club for young people**. Currently they care for up to 56 children each afternoon. Then, through the school holidays they are open for full days **to enable parents or carers to continue in employment or further education**. Occasionally they have **fundraising events, parties and discos for the children**, so these are always busy times when volunteers are very welcome.

Volunteer's role

They are looking for volunteers to come in for an hour, or an hour and a half a week, during the afternoon to **help look after the young people and organise activities**. They want to emphasise to students that studies come first. They love having some help, but understand that students' main priorities will be essays, lectures, reading weeks, exams – and of course, their holidays will differ from that of the local primary schools. So they are happy to work around students' commitments. If a volunteer has the time to come in, that is fine. They have a really strong childcare team, who will work alongside volunteers and ensure they are looked after and guided during the afternoon.

Logistics

- Ideally between 3:30pm and 5pm, after which the club gets quieter
- 17min walk from St Andrews Bus Station / 6min cycle / 3min drive
- Volunteers will have to undergo a PVG scheme which will be paid for by the organisation

Graduate Attributes: Social Responsibility, Inter-personal Skills, Oral Communication, Creativity, Confidence and Adaptability



Youth

If you have any questions regarding these projects please reach out to Benedita at svsyouth@st-andrews.ac.uk

Scouts Scotland

Who they are

Scouts are the **largest mixed volunteer-led movement for young people in Scotland**. They offer **fun, challenge and life-changing adventures to 35,000 young people** in Scotland, who are supported by over 10,000 adult volunteers. Scouts exist to **make young people's lives better, helping them to realise their full potential and providing them with the skills they need to succeed in life**.

Volunteer's role

Scouts Scotland has units based in St Andrews (8th Fife Scouts), that **volunteers can help out at: Beavers (6-8), Cubs (8-10), Scouts (10-14), and Explorers (14-17)**. At each session, there are roughly 2-4 adults, 1-2 young leaders and 20 kids. Volunteers are also able to volunteer to help run the Scouts camps at weekend or in the School holidays. There are also opportunities for **behind-the-scenes volunteer roles such as managing and refilling stocks, cleaning the hall or setting up a maintainable and up-to-date website**. Also if any volunteers are qualified kayak instructors, mountain leaders or first aid qualified, there is the opportunity to run sessions with the kids and teach them their skills.

Logistics

- Units meet weekly during term time and there is at least one group meeting every weekday evening
- 13min walk from St Andrews Bus Station
- Volunteers will undergo a PVG check, paid for by Scouts, as well as completing training

Graduate Attributes: Social Responsibility, Resilience, Inter-personal Skills, Oral Communication, Creativity, Confidence and Adaptability, Effective Team Contribution



Youth

If you have any questions regarding these projects please reach out to Benedita at svsyouth@st-andrews.ac.uk

Fife Young Carers

Who they are

Fife Young Carers strive to **empower young carers to reach their full potential, overcome barriers and stigma and achieve quality of life** comparable to their peers. Young carers are children and young people aged up to 25 years old who look after a parent or family member who is unwell. Young carers may cook, clean, give medicines, do the shopping and take on other responsibilities that parents usually do.

Volunteer's role

Fife Young Carers (FYC) offers a **Befriender and Young Carer the opportunity to form a trusting, supportive, reliable relationship**. This role enables young carers to access social activities they might not be able to access currently. Befrienders might take a young person to a Café arcades, bowling or even just a walk as well as group activities and days out organised by FYC. What's important is that it allows them to have fun and spend some time away from their caring role. There is also the opportunity to volunteer as a standard volunteer at the main groups that happen every week in St Andrews.

Logistics

- Commitment of **at least one activity a month** as a befriender, but **ideally 1 a week**
- St Andrews group: 6-8pm
- Most befriending opportunities will take place in the evening
- Travel: X59 from St Andrews Bus Station to Glenrothes + 37 to Newark Road North ~1h
- Volunteers will attend an informal interview, undergo a PVG check (paid for by FYC) and complete training

Graduate Attributes: Social Responsibility, Resilience, Inter-personal Skills, Oral Communication, Creativity, Confidence and Adaptability, Effective Team Contribution



Youth

If you have any questions regarding these projects please reach out to Benedita at svsyouth@st-andrews.ac.uk

Code Club Dundee Central Library

Who they are

Code Club is a global **network of free coding clubs for 9-13 year olds**. At Code Club, they think **all children should have the opportunity to learn to code**, no matter who they are or where they come from. They work with a global community of volunteers, educators and partners to run free coding clubs, for children aged 9 and above. They believe in **learning through making**, and their coding projects **offer young people opportunities to be creative and to share their creations with each other**.

Volunteer's role

Volunteers support young people's learning and help run the club more efficiently. For example, volunteers might help young people during club time, set up equipment beforehand or handle administrative tasks.

Logistics

- 4-6pm on Mondays
- Travel: 99 bus from St Andrews Bus Station to Dundee Road + 40 bus to Dundee Bus Station ~40min
- Club centred around Scratch coding so volunteers should be familiar with the site
- Volunteers will need to become a STEM ambassador, which will provide a free background check

Graduate Attributes: Research Skills and Problem-Solving, Creativity, Numeracy, Technical and Specialist Academic Skills and Disciplinary Knowledge, Leading Others, Organisation Skills



Youth

If you have any questions regarding these projects please reach out to Benedita at svsyouth@st-andrews.ac.uk

Girlguiding

Who they are

Girlguiding is the **UK's largest youth organisation dedicated to girls**. Girlguiding **help girls know they can do anything**. Through fun, friendship, challenge and adventure, they **empower girls to find their voice, inspiring them to discover the best in themselves and to make a positive difference in the community**.

Volunteer's role

Unit leader: As unit leader, you'll be **responsible for running the unit**, leading a team, and **planning and delivering a high-quality programme of activities** and events.

Unit helper: If you're enthusiastic about giving girls opportunities for fun, friendship, challenge and adventure then you'll make a perfect unit helper. You'll **provide valuable support to the unit leadership team**.

Supported volunteer: This role would be **suitable for anyone who would otherwise not be able to carry out the full responsibilities of a volunteer role** without support. You will not have any responsibility for safeguarding and do not need to complete a safe space training. As a supported volunteer, you'll be supported by an individual volunteer.

Logistics

- Groups meet in afternoons or evenings on Tuesdays, Wednesdays or Fridays
- Volunteers will need to undergo a PVG check, paid for by the organisation and complete training

Graduate Attributes: Social Responsibility, Resilience, Inter-personal Skills, Leading Others, Confidence and Adaptability, Effective Team Contribution